

# HIGHTERIAN

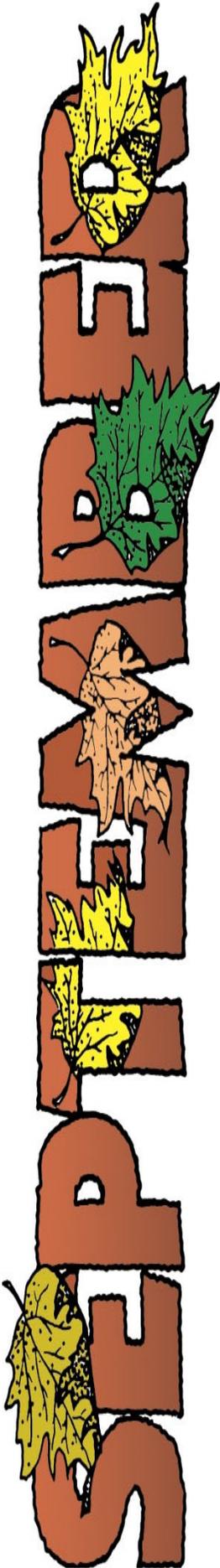


I have to begin my article this month with a big “THANK YOU” to everyone to participated in the Installation Service on Aug. 22. I don’t know about you, but I certainly felt the presence of the Holy Spirit during that worship service. The service and the reception were both so special. It was a wonderful celebration of the work that God has done in bringing us all to this point.

Normally this time of the year brings excitement and enthusiasm for parents and children alike as the kids return back to school. But this year, as parents and grandparents shopped for back-to-school supplies, we did it with a little bit of anxiety. The rapidly changing Covid news has us all scrambling to try to figure out what is happening. Just a month ago, things were looking pretty good, and we were feeling hopeful that life would return to “normal.” Now no one knows if and when that will happen.

In the meantime, the Covid Response Team, the Session and I are all trying to do our best to guide us during this time of uncertainty. Sometimes we may fail to do what is needed. Sometimes we may overcorrect. Please forgive us. Either way, please know that we are taking things seriously and also wanting to continue to do the good work and ministry that God has called us to. We are making some plans for the upcoming months that you will see more about in the pages that follow: Sunday School is coming back, we are re-starting the Zoom Bible study, Youth group is restarting, committees are continuing to meet in order to do the work of the church. You will also see on the next page about a new program called

**WORSHIP + 2.**



## OFFICE INFO

304-522-1676

Email:

office@highlawnpc.org

## Pastor

Rev. Sharon Bell

Cell: 304-444-3000

sharonsbell@gmail.com

## Christian Educator

Sarah Specht

Cell: 304-690-6667

sarahb43215@yahoo.com

## Choir Director

David Chenoweth

Cell: 304-617-1097

davidchenoweth-79@gmail.com

## Organist

Alanna Cushing

Cell: 304-549-7636

a-cushing@hotmail.com

## Secretary

Nan Price

Cell: 936-209-0520

## Sexton

Paul Smith

Cell: 304-412-9632

This new program is a helpful tool to encourage everyone who calls Highlawn Presbyterian Church home to find ways to participate in the life of the church. The idea is simple: every person who calls HPC their home, would commit to 3 things:

- o Participating in worship each week (in person or on line)
- o Participating in at least one program in which you *receive* spiritually
- o Participating in at least one area of the church in which you *give* to others

Many of you are already doing this and more! And for that, we thank you! You will see the list of areas where you give and where you can receive. My hope is that you will put this list on your fridge and be thinking about it over the next few months. During Stewardship Season, we will be asking folks to return completed forms, marking how they plan to be involved for the next year. Over the next few months, you will hear from people involved in these different ministries of the church. Listen carefully as they speak. The Holy Spirit just may be speaking to you to be part of that group or committee. They will be talking about the work that they are doing for our church or for our community. Different committees require different commitments of time. There is something for everyone. Not every opportunity is listed. As we hear from different groups, we will hear what the need is and hear how you can help. For example, you may not have time to serve on the Worship Committee, but you can help usher. Or you may not be able to get out to attend Congregational Care events, but you can send cards or call from home. We each have something we can offer to the Lord.

If there is an area of giving or receiving that I left off, please let me know! I hope this will be a useful tool in helping us all to be faithful servants of God at HPC.

Sharon



## Worship + 2: giving and receiving

Our hope is that every person who calls HPC their home, would commit to 3 things:

- Participating in worship each week (in person or on line)
- Participating in at least one program that feeds you spiritually
- Participating in at least one area of service in the church

Below are some of the areas the ways in which you can be fed, or served, and some of the ways you can serve the church and community.

### Receiving:

Presbyterian Women

Attending Sunday School

Pastor's Zoom Bible study

Sunday night youth group

### Giving:

Hospitality Committee – fosters community through social events for the HPC congregation and community, helps plan social events, decorating, cooking meals, etc., *meets as needed*

Christian Education Committee – provides opportunities for the church to deepen its understanding and faith in God, helps teach Sunday School or find teachers; assists in curriculum assignments, *meets monthly*

Personnel Committee – provides for the employment of necessary church staff, making recommendations to Session on the hiring and releasing of persons employed by the church, *meets quarterly*

Property Committee – directly involved in the care and maintenance of all church-owned properties and recommends any specific expenditure needed for its upkeep, *meets as needed*

Mission Committee – seeks to be of service to others, particularly those outside of our congregation, *meets monthly*

Finance & Administration Committee – understanding that financial matters are stewardship matters, works with the treasurer to provide information and recommendations to the Session about the financial stewardship of the church, *meets as needed*



Evangelism/Outreach Committee – focuses on letting our community know about HPC, including getting information out about specific events, *meets monthly*

Congregational Care Committee – provides care, prayer, and support for families or individuals as needed; works to encourage members' participation in the life of the church, *meets monthly*

Worship Committee– oversees and initiates meaningful worship experiences for Highlawn Presbyterian, *meets monthly*

Sing in the Choir or share other musical gifts

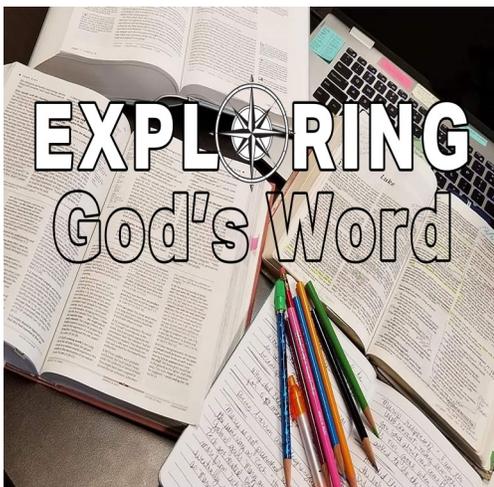
Session Member

Teaching Children's Sunday School

Teaching Adult Sunday School

Helping with Middle/High School Youth Group

Presbyterian Woman – various roles exist within this group



Rev. Sharon will be leading a Bible Study on  
Wednesdays by Zoom beginning  
Sept. 15th at 1:00 pm

**Join Zoom Meeting**

[https://us02web.zoom.us/j/86234103257?  
pwd=OGh6aXdjQi9JUkFXa0FqQ2ZzK0lsQT09](https://us02web.zoom.us/j/86234103257?pwd=OGh6aXdjQi9JUkFXa0FqQ2ZzK0lsQT09)

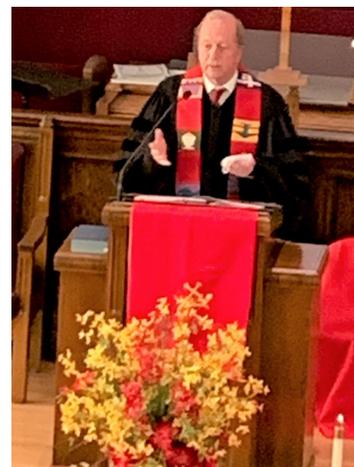
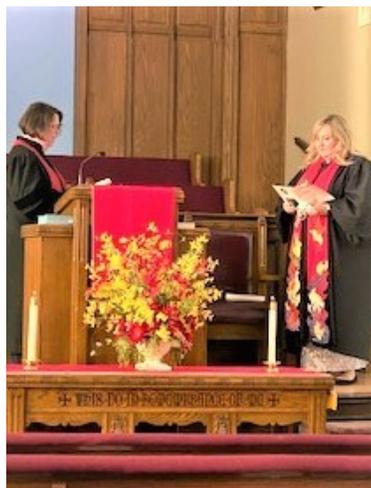
**To Connect by Phone:**

**1 312 626 6799**

**Meeting ID: 862 3410 3257**

**Passcode: 2814**

# The Installation Liturgy was a wonderful day...





*Our Circles will start meeting next month  
and we'd love to have you join us!*

*Just a reminder.....the Presbyterian Women's Circles will begin on  
**Thursday, September 9.....**  
**1:00 for the Afternoon Circle**  
**and 6:00 for the Evening Circle.***

*Looking forward to seeing everyone and if you have not joined us in the past and  
would like to join us now, please plan to attend.*



*"A garden of love grows in  
a Grandmother's heart."*

*—Unknown*

*CountryLiving*

We will begin with an Introduction to the series...

**"Tales of the Grandmothers"**...and also have our first lesson... **"Family Trees"**.

Matthew begins his Gospel with a list of Jesus' ancestors. In this list we find the names of some unusual women--- Jesus' grandmothers. Why are these women in this list and what does their inclusion have to say about the coming Messiah? What might Matthew be teaching us through their stories?

***Come join us and find out!***



# HPC YOUTH GROUP

MEETING TIME 3:00-5:00

SEPT 5



## Work Project

We will be cleaning up the back of the church so we can put up picnic tables. We will be weeding raking, and putting up fence so wear old clothes. Drinks and snacks will be provided.

SEPT 12

## Regular Meeting

SEPT 19

## NO MEETING

I have a meeting in Charleston

SEPT 26

## Game Night/Ice Cream Social

We will meet at my house for Yard Games and Ice Cream in the park across the street. Families are welcome to come!!

2977 Merrill Ave



OCT 1-3

## Fall Getaway Retreat

Fall Retreat at Bluestone - everyone is invited!! More details to come.



OCT 10

## NO MEETING

I'll be out of town

OCT 17

## Regular Meeting

OCT 24

## Haunted House!!!



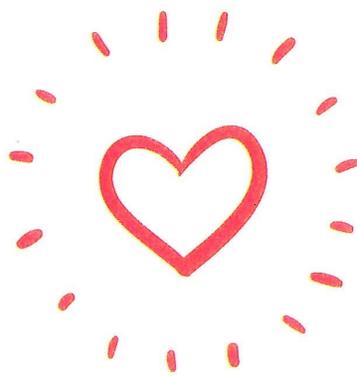


# BLUESTONE CAMP FALL GETAWAY

Oct 1-3, 2021



PEACE



LOVE



FALL

Those who are peacemakers will plant seeds of peace  
and reap a harvest of goodness. -James 3:18

Join us for an intergenerational weekend of learning,  
fun and fellowship.

\$80 (12 and up) \$45 (4-11) Free (3 and under)

More information coming soon!



**MISSION  
MINDED**

## Mission Opportunities for September Focus

### OCC Shoebox Wish List

- |  |                                |
|--|--------------------------------|
| 20 Toothbrushes and covers             | 20 Bandanas                    |
| 15 Coloring Books                      | 15 Small Books                 |
| 4 packs of Loose Leaf Notebook Paper   | 50 Match Box Cars              |
| 2 Multipacks of Girls Underwear size 6 |                                |
| Boys Underwear all sizes               | Small toys for girls and boys. |
| 50 containers of Play Dough            | Crank Flashlights (no battery) |

With fall approaching, our Mission emphasis will be on Operation Christmas Child shoeboxes and Salvation Army stockings. Thank you to everyone who has been dropping off school supplies and items at the church! We have ordered soccer balls. We have plenty of Baby and Barbie dolls, crayons, pencils, and markers to fill Shoeboxes which are due by Thanksgiving. We found sales and have most of the unisex socks and girls underwear we need. We have put together a List of items we would like to fill out the boxes. The photo shows just a portion of the items we already have on hand to fill boxes! Any surplus will be used for our stockings. Now is the best time to purchase school supplies, we could use about 50 more boxes of crayons for Christmas stockings. The donation of tooth brushes from Dr Crews was specified for our local Salvation Army Stockings. - Nancy



### Amazon List for Shoeboxes and Stockings

[https://www.amazon.com/hz/wishlist/ls/1YB5CPK353KNL?ref\\_=wl\\_share](https://www.amazon.com/hz/wishlist/ls/1YB5CPK353KNL?ref_=wl_share)

The title of the list is HPC Missions. Last year some folks found the Amazon list a convenient way to contribute items for Shoeboxes and Stockings. The title of the list is HPC Missions. I have Prime, so I can order for you if you would like. Since this list is for both missions, I may add or delete items or adjust quantities and priorities throughout the season. Typically these lists default to the most recent items added at the top of the list. You can also filter/sort by priority or price. Let me know if you need me to email you the link or if you have any questions.



### Stocking Stitches

The Salvation Army has expressed their appreciation for our handmade stockings in the past. If you are willing to stitch up a few, Ann or Nancy can get you patterns, fabric and possibly even precut kits.

We are hoping to make and fill at least 100 stockings as we keep our missions closer to home this Christmas.



# UPCOMING EVENTS



- Sept 5 Outdoor Clean up
- Sept 6 Labor Day
- Sept. 9 Women's Circles
- Sept 12 **RALLY DAY!**  
Grandparents Day
- Sept 16 **Session Meeting**
- Sept 26 Youth Meeting
- Oct 1 Bluestone Retreat



## Birthdays for This Month

- 9/01 Kim Shockley
- 9/04 Howard Aulick
- 9/04 David Meadows
- 9/07 Oliver Fearing
- 9/07 Connie Maynard—Walker
- 9/09 Layton Thompson
- 9/10 Kitty Wilson
- 9/12 Riley Stone
- 9/14 Richard Lee
- 9/13 Gavin Bremar
- 9/15 Chad Lovejoy
- 9/17 Connie Musgrave
- 9/19 Clara Alice Wilson
- 9/21 Todd Wilson
- 9/21 Amy Browning
- 9/23 Diana Stotts
- 9/24 Jeff Clark
- 9/25 Laura Blackman
- 9/25 Patty Meadows
- 9/28 Pete Schurman
- 9/29 Ann Boyll

## Birthdays for the Beginning of Next Month

- 10/01 Margie Stone
- 10/03 Emily Franks
- 10/05 Charles Woolcock
- 10/06 Elijah Dorey
- 10/07 Andy Blackman



## Amazon List for Children's Home Society of West Virginia

[https://www.amazon.com/hz/wishlist/ls/2BVPNSDAS7QYP?ref=wl\\_share](https://www.amazon.com/hz/wishlist/ls/2BVPNSDAS7QYP?ref=wl_share)



Children's Home Society of West Virginia

This list is titled Highlawn Pres Children's Home. We have served the Children's Home Society all year long. We are not focusing on them for Christmas, but if anyone wants to make contributions I still have an Amazon List for them. You may also contact Ann or Nancy about bringing items to the church. It sounds as if they have other community partners that ensure that each child gets a mountain of gifts at Christmas. That being said, they are always in need of duffle bags, laundry bags, sports bras and hoodies. They are very flexible about scheduling pick ups and are always very appreciative of our donations.

## Attention, Knitters, Crocheters, and Purchasers!

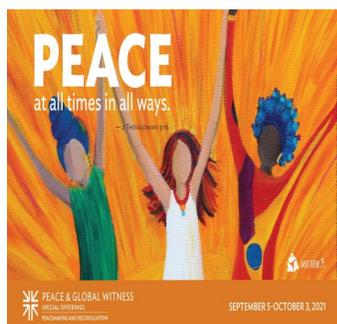
Does 95 degrees make you think of Christmas?? Not me!!! But it's not too early to start thinking of the Dunlow Christmas gifts! They can use hats, scarves, gloves, socks, and full size toiletries for both men and women. Question? Give me a call! Carla 304 633 5081



*A Celebration of Joy for Paul and Nancy Estler. They are the happy grandparents of a baby boy. Christine and Joe Higgins are proud parents of Jackson David born September 2*



*A big thank you to my church family for the prayers, texts, calls and support during my recent time of surgery. I am so grateful for each of you. - Debby Stoler*



*World Communion Sunday October 3rd*

*Sept 5th—Oct 3rd*





## A Publication of the Presbytery of West Virginia

520 2nd Ave, South Charleston, WV 25303 . wvpresbytery.org . 304-744-7634



### Vol 4 Issue 8 ❖ August 2021

For more information on the Happiness and the older adult please visit:

<https://aging.com/the-way-of-living-being-happy-and-healthy-at-an-old-age/>

<https://www.homecareassistancewinnipeg.ca/elderly-happy-life/>

## Six keys to happiness for older adults

What do scientists have to say about what makes older adults happy and contributes to their well-being?

### Paradox of successful aging

Researchers have found that seniors in their 80s and 90s, and older adults generally, report higher levels of contentment and well-being than teenagers and young adults, according to the *New York Times*. Gerontologists call this the paradox of old age. Older people who have lived through and coped with many challenges and losses in their lives are resilient. Even though older adults may be experiencing declines in their physical or cognitive abilities, they feel better about their lives rather than worse, compared to younger adults.

### Pathways to happy lives

**1. Focus on abilities.** Older adults who focus on what they *can* do and find rewarding, rather than any decline in abilities, are happier. According to a study in *The Gerontologist*, accepting aging and adapting to age-related changes is vital to successful aging and well-being.

**2. Stay socially connected.** Frequent social participation, interactions and support contribute strongly to the mental health and well-being of Canadian seniors, according to a Statistic Canada study on healthy aging.

**3. Be actively engaged in life.** Active engagement in life through physical, mental and social activities is a key component of successful aging and life satisfaction, according to researchers from Toronto's York University. Their study found that physically active older adults, for example, were more than twice as likely to successfully age and maintain optimal health and well-being.



"If it's any consolation, he slipped away peacefully."

